

Therese Toohey

M Ed (Leadership), B Ed (Psychology)



Therese Toohey is a well-regarded facilitator and executive coach specialising in high-level leadership and executive coaching services. She has a thorough understanding of the complexities of people and work, providing solution-focused and pragmatic approaches to strategic challenges.

Therese has 25 years' experience teaching, facilitating and coaching in schools, universities, Commonwealth and State/Territory governments, not for profit organisations and commercial/private sectors.

Key Competencies and Focus

- Leadership
- High Performing Teams
- Positive Psychology
- Emotional Intelligence
- Mindfulness and Stress Reduction
- Strategy, Planning, Change and Transition

Qualifications and Memberships

- Certificate in Positive Psychology (2014)
- Foundations of Positive Psychology (2010)
- Genos Emotional Intelligence (2008)
- Accredited HBDI (2006)
- Hogan Assessment System (2004)
- New Insights Coach (2004)
- Mentor Coach to Coach Trainees (2004/5)
- Advanced Facilitation Skills (2004)
- Accredited DISC Model of Behaviour (2003)
- Conflict Resolution Trainer (1996)
- Member International Coach Federation

Experience and Recent Projects

- **Executive leadership, people management and emotional intelligence** (including Defence Intelligence, Australian Public Service Commission, University of Western Sydney, Dept. of Immigration, Australian Tax Office, Northern Territory Public Service, Justice and the Community Safety Directorate, ACT Public Service, Clayton Utz, Health and Ageing).
- **High performing teams** (including Dept. of Infrastructure, Customs, Defence Intelligence, Food Standards Australia New Zealand, Health and Ageing, Climate Change).

- **Strategy, planning and change** (including Rural Industries Research and Development Corporation, Gold Coast City Council, Dept. of Innovation, Health and Ageing, Australian National University, Attorneys General Department, Our Kids, Red Cross, DDCS Family Lawyers, Dept. Communications).
- **Executive coaching and coaching methods for leaders** (including Australian Federal Police, Defence Intelligence, Dept. Primary Industry, Northern Territory, Dept. of Infrastructure, Clayton Utz, DDCS, Family Lawyers, WIN TV, ACT Dept. of Education).